



THE PERINATAL CENTER
MATERNAL-FETAL MEDICINE

Send weekly to:
diabetes@perinatalcenter.com

Blood Glucose Monitoring Log

Patient Name _____

Date of Birth _____

Diabetes Educator: Angelique Emily
Please circle

_____ Diet Only

_____ Metformin: AM Dose _____ mg PM Dose _____ mg

_____ Insulin Therapy:

Insulin:	AM Dose:	Lunch Dose:	PM Dose:
Insulin:	AM Dose:	Lunch Dose:	PM Dose:

Date	Fasting		After Breakfast		After Lunch		After Dinner	

Blood Glucose Targets in Pregnancy:
Fasting 60-90 mg/dL & 2-hours after meals <120 mg/dL