

Genetic Testing During Pregnancy

It is not uncommon for women to wait until later in life to start or continue a family. Advanced maternal age refers to women who will be thirty-five years old or older at the time of delivery. While many of these women are likely to have a healthy and successful pregnancy, there is some increased risk for chromosome disorders, such as Down syndrome.

At your visit to the Perinatal Center of Oklahoma, you may be scheduled to meet with a genetic counselor to further discuss your individualized screening and testing options. There are three companies that offer non-invasive prenatal testing, which determines the three most common genetic abnormalities. We believe that these tests are essentially equivalent in terms of their efficacy. Insurance coverage and price can guide decision making when considering the decision to have genetic testing.

We recommend that you check on coverage for genetic testing based on your insurance coverage prior to your visit or your exam with us.

How to Determine if Your Insurance Will Cover Common Prenatal Genetic Testing

Due to the complexity of coverage guidelines, we are unable to quote benefits or guarantee insurance coverage for prenatal genetic screening tests. Insurance benefits are plan-specific and offer vastly different coverage based on your policy. Even if the testing is covered, it could be applied to any unmet deductibles, and co-pays may apply, resulting in a bill.

You are encouraged to contact your insurance company to obtain your benefits based on your age and risk factors, so that there are no surprises. The laboratories will bill you separately for any testing.

1. Call your insurance company with the ICD-10 code that best matches your current pregnancy from the list below: (first digit is letter O, second digit is number zero)
 - **O09.511** First pregnancy, mother greater is 35 years old or older on due date
 - **O09.521** Second or greater pregnancy, mother greater is 35 years old or older on due date
2. Provide your insurance company with all the CPT codes related to the genetic testing that you are interested in from the list below
 - **NIPT – non-invasive prenatal testing, or cell-free fetal DNA**
 - For Aetna, Cigna, United Healthcare: 81507, 81599 for Harmony (Ariosa)
 - For Tricare, Healthchoice, First Health, Coventry, BCBS Federal: 81420 for Prelude Screen (Counsyl)
 - For BCBS OK : 81420 for MaterniT21 (Sequenom/LabCorp)
 - For all other insurances, inquire about: Counsyl
3. Your insurance provided might ask for the Perinatal Center tax-ID code 760742334 to determine if our office is in or out of your network
4. The genetic tests are performed at laboratories that are not associated with our office. Please direct billing questions to the laboratory:
 - Integrated Genetics (LabCorp/MaterniT21) –(844) 799-3243
 - Ariosa Diagnostics (Roche/Harmony) – (855) 927-4672
 - Counsyl (Prenatal Prelude Screen) – (888) COUNSYL